

Indigenous Wellness Program



ELDERS LUNCHEON

816 CENTRAL AVE N KENT WA 98032

PLEASE JOIN US FOR LUNCH, BINGO & VISITING!

FRIDAY, APRIL 24TH

11:30AM-2PM

PLEASE RVSP

BY EMAILING WELLNESS@UNKITAWA.ORG

OR CALL 253-277-3749

CONNECT WITH LOCAL SENIOR ACTIVITY CENTERS

Programming:

- Hear presentations from local senior activity centers about their programming
- Asks questions in person to Senior Center Staff
- Learn about our new blood pressure program
- Lunch and Bingo

Senior Centers:

- Burien Community Center
- Southeast Seattle Senior Center
- Auburn Senior Activity Center
- Kent Senior Activity Center
- Renton Senior Activity Center

