



Indigenous Wellness Program **COMMUNITY NIGHT**

Cedar Heart Making

Dinner served at 6pm.
Bison stew and valentines
dessert.



THURSDAY 6:00PM
FEBRUARY 10

BOOKED



Taught by Janice Lonergan

Ksgooga Gwisgwaasgm Gyemk | Ts'msyen - Lak

Gi Bou Janice Jainga-Lonergan. Janice is a Ts'msyen weaver & artist with 40+ years of experience. Her passion is to carry on the traditions of her ancestors through her art. She shares and teaches Ts'msyen art to family and Urban Native members in her community to honor the ancestors and to keep their traditions alive.

**SPOTS FULL, PLEASE RSVP WITH
WELLNESS@UNKITAWA.ORG**