



Indigenous Mellness ELBREIM

2ND AND 4TH WEDNESDAYS

Come join us for Wellbriety Wednesday's

Time: 6pm-8pm Starting March 13th ,2024.

Where: 1103 W Meeker St. Kent WA 98032

Medicine Wheel 12-Step and Mending Broken Hearts Curriculum.

This program offers community members the opportunity to look at recovery and wellness through a culturally centered lens.



Facilitated by:
Brian Henry a Certified Wellbriety Facilitator